Year 9 pupils will be doing "Learning to Learn". They will do salsa at the start of each of the sessions to emphasise the value of exercise and studying." Teacher Richard Lander School 2004

"Kids are encouraged to have a go even if they aren't any good. It's about The girls also like proteining part. We take the whole year group to all of the tournaments."

Skipping has remained a popular activity."

Teacher Constantine School 2004

Teacher Constanti

"We have a big playground to run around in and get more exercise", Pupil Kea School 2004 $\,$

"We have a wider variety of sports now, so you can get involved in all sorts of things".

Year 6 Pupil Darite School 2004

"We have active clubs. I enjoy the circus club and tag rugby."

"We notice that we learn better when we've exercised." Pupil Treverbyn School 2004

The games shop has made a real improvement to behaviour. It's is used by all of the children. There are hula hoops, skipping ropes, French skipping, cat's cradle strings, feather throwers, big feet, stilts, large noughts and crosses, large Connect 4 games and many other choices. Skipping has really taken off. We did a skipathon as well as Jump Rope for Heart. The running area is also popular." Teaching Assistant Treverbyn School 2004

"With wake and shake people are a bit more perky instead of lazy."



"Everyone is very friendly and welcoming. They regularly do exercise. I was impressed with the set up. There is keep fit on Wednesday evenings. The children do the class first while the parents use the IT suite. Then we do our keep fit while the children use the computers." Parent Boyton School 2004

"We get lots of exercise. I like all the equipment."
"Being healthy makes people happy. It's energy."
Pupils Leedstown School 2004